



↶ CANLAN SPORTS™

# WILD WING

MORE THAN  
GREAT WINGS

ALLERGY WARNING: we cannot guarantee food allergens will not be transferred through accidental cross-contact.

# APPS



5 TRADITIONAL WINGS 650 Cals | 5 CLASSIC WINGS 320 Cals | 5 BONELESS CHICKEN 440 Cals

*Add Five*  
**WINGS**  
TO ANY ORDER



## NACHOS

House fried seasoned corn tortilla chips baked with layers of mixed cheese, roasted red peppers, tomatoes, jalapeños, red and green onions. Served with sour cream and salsa. 1920 Cals

### UPGRADE YOUR NACHOS TO BUFFALO CHICKEN NACHOS

Add Boneless Chicken tossed in Medium Buffalo sauce, topped with our Gar Par® dressing for an additional 850 Cals

## IRISH NACHOS

Seasoned crispy fried Yukon potato chips topped with red onions, tomatoes, roasted red peppers, layers of mixed cheese, jalapeños and green onions. Served with sour cream and salsa. 1730 Cals

### GO WILD AND ADD ON

Guacamole 110 Cals  
Grilled Chicken 130 Cals  
Boneless Chicken 270 Cals  
Buffalo Cauliflower 330 Cals  
Philly Steak 120 Cals

Note: Calories for add ons are additional.

## BUFFALO CAULIFLOWER

Battered Cauliflower, deep fried and tossed in our Medium Buffalo sauce. Served with ranch (160 Cals) or blue cheese (220 Cals) dip. **Caution Hot.** 670 Cals

## GARLIC CHEESE BREAD

Freshly baked loaf smothered in buttery garlic spread covered with melted mixed cheese. 940 Cals

## ONION RINGS

Tasty, crispy, thick cut sweet Spanish onion rings. 1620 Cals

## GAR PAR® RINGS

Our onion rings topped with our irresistible Gar Par® dressing. 2170 Cals

## PICKLED WILLYS

Six juicy, lightly breaded dill pickle spears fried until golden brown. Served with our delicious dill dip. **Caution Hot.** 620 Cals

## CHICKEN QUESADILLA

A flour tortilla filled with red onions, roasted red peppers, mixed cheese, tomatoes and grilled chicken. Brushed with garlic spread and topped with green onions. Served with sour cream and salsa.  
White Tortilla | 870 Cals  
Whole Wheat Tortilla | 850 Cals

## MINI POGO®

Five mini POGO® corn dogs served with your choice of our Wing flavours (0-200 Cals). 380 Cals

## MOZZA STIX

Five gooey, stringy deep-fried stix. Served with our Spaghetti Western sauce. **Caution Hot.** 410 Cals

## LEGENDARY TEAM PLATTER

10 Boneless Chicken, Seasoned Fries, Onion Rings, Buffalo Cauliflower, Garlic Cheese Bread, Nachos. 1220 Cals per serving/Serves 6

# Signature Fries & POUTINES

## SEASONED FRIES

Our classic seasoned fries. 1280 Cals  
**ADD GRAVY** for 35 Cals

## ROADHOUSE FRIES

Seasoned fries served with our Roadhouse sauce. 1600 Cals

## GAR PAR® FRIES

Our classic seasoned fries drizzled with our Gar Par® dressing. 1830 Cals

## SWEET POTATO FRIES

Savoury golden sweet potato fries served with a side of Sriracha mayo. 1750 Cals

## YUKON CHIPPERS

Crispy fried, Yukon potato chips tossed in your choice of dry seasoning. 1090-1120 Cals

Please refer to our Wing page for seasoning options.

## TRADITIONAL POUTINE

Our seasoned fries loaded with Québec cheese curds and gravy, topped with green onions. 1640 Cals

## BACON POUTINE

Our seasoned fries loaded with Québec cheese curds, rich gravy, bacon and green onions. 2020 Cals

## BONELESS CHICKEN POUTINE

Boneless chicken tossed in our Medium buffalo sauce piled on top of our seasoned fries, gravy, Québec cheese curds and green onions. 1940 Cals

## PHILLY STEAK POUTINE

Our seasoned fries topped with Québec cheese curds, gravy, Philly steak and caramelized onions. 1860 Cals



Note: Actual calories of alcoholic beverages may vary; the addition of mixes will increase the calories of these beverages. Standard serving sizes are based on one drink as outlined in Canada's Low-Risk Alcohol Drinking Guidelines. Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

# OUR WINGS

## TRADITIONAL WINGS

Tender Canadian wings lightly breaded in our seasoned blend of spices.

## CLASSIC WINGS

Tender Canadian wings in our seasoned blend of spices.

## BONELESS CHICKEN

Tender 100% chicken breast pieces lightly breaded and seasoned.

All Wing and Boneless Chicken offerings are served with your choice of side dip: Blue Cheese 220 Cals, Ranch 160 Cals or Dill 200 Cals.

**100%  
CANADIAN  
CHICKEN  
WINGS**



## SINGLE

(1 Flavour) includes seasoned fries, celery and carrots.

Traditional | 1610 Cals per serving / Serves 1  
Classic | 1210 Cals per serving / Serves 1  
Boneless | 1450 Cals per serving / Serves 1

## DOUBLE

(2 Flavours) includes seasoned fries, celery and carrots.

Traditional | 1300 Cals per serving / Serves 2  
Classic | 910 Cals per serving / Serves 2  
Boneless | 1120 Cals per serving / Serves 2

## TRIPLE

(3 Flavours) includes celery and carrots.

Traditional | 970 Cals per serving / Serves 3  
Classic | 570 Cals per serving / Serves 3  
Boneless Chicken | 800 Cals per serving / Serves 3

## FOURSOME

(4 Flavours) includes celery and carrots.

Traditional | 970 Cals per serving / Serves 4  
Classic | 570 Cals per serving / Serves 4  
Boneless Chicken | 800 Cals per serving / Serves 4

## MAVERICK

(5 Flavours) includes celery and carrots.

Traditional | 970 Cals per serving / Serves 5  
Classic | 570 Cals per serving / Serves 5  
Boneless Chicken | 800 Cals per serving / Serves 5

## COWBOY

(10 Flavours) includes celery and carrots.

Traditional | 970 Cals per serving / Serves 10  
Classic | 570 Cals per serving / Serves 10  
Boneless Chicken | 800 Cals per serving / Serves 10

# NOW SERVING

# WILD TENDERS®

Ranch  
160 Cals

**MEDIUM BUFFALO** 90 Cals

Blue Cheese  
220 Cals

**MANGO HABANERO** 450 Cals

Plum  
50 Cals

**GAR PAR** 580 Cals

**THAI** 180 Cals

**SAUCE'M  
OR DIP'M**

## DIPS

**DRY LEMON PEPPER** 15 Cals

**WILD Sauce** 110 Cals

**Ranch** 160 Cals

**Blue Cheese** 220 Cals

**Plum** 50 Cals

**HOT** 25 Cals

**WILD  
Sauce**  
110 Cals

**3 TENDER MEAL**

Your choice of 1 flavour & a dip. Served with seasoned fries.

1360 Cals

**5 TENDER MEAL**

Your choice of 1 flavour & 2 dips. Served with seasoned fries.

1890 Cals

**10 TENDERS**

Your choice of 2 flavours, 4 dips. Served with seasoned fries.

ADD seasoned fries  
640 Cals

**HOT HONEY SANDWICH**

2 Tenders, Honey Garlic, Hot sauce, pickles, cheddar cheese, Ranch dressing. Served with seasoned fries.

1480 Cals

Note: Calories for Dips & Flavours are additional.

# WING FLAVOURS



NO HEAT  
MILD 🔥  
MEDIUM 🔥🔥

HOT 🔥🔥🔥  
XTRA HOT 🔥🔥🔥🔥

## BACKYARD BBQ

Whisky Girl | 270 Cals  
BBQ + Dill

Angels on the Moon | 290 Cals  
BBQ + Blue Cheese

Mildly BBQ 🔥 | 190 Cals

Dirty Nelly 🔥🔥 | 170 Cals  
BBQ + Medium

Spicy BBQ 🔥🔥🔥 | 150 Cals

## Honey I'm Home

Honey BBQ | 180 Cals  
Honey Garlic + BBQ

Dill-icious Honey | 270 Cals  
Honey Garlic + Dill

Garlic Trio | 360 Cals  
Honey Garlic + Gar Par®  
+ Dry Garlic Garlic

Honey Blues | 280 Cals  
Honey Garlic + Blue Cheese

Wild Thai Honey 🔥 | 220 Cals  
Honey Garlic + Thai

Spicy Sweet Escape 🔥🔥🔥 | 370 Cals  
Honey Garlic + Gar Par® + Hot

Hot Honey Ranch | 250 Cals  
Honey Garlic + Hot + Ranch

## DRY SEASONINGS

Dry Salt & Pepper | 20 Cals

Lightly Seasoned | 15 Cals  
Fry Seasoning

Dry Lemon Pepper | 15 Cals

Dry Garlic Garlic | 0 Cals

## Get Saucy

Dill-icious | 400 Cals  
Dill

Blue Eyed Blonde | 440 Cals  
Blue Cheese

Saddle Up™ | 460 Cals  
Caesar + Dill

Some Beach 🔥 | 490 Cals  
Caesar + Dill + Medium

Cajun Gar Par® 🔥 | 580 Cals  
Gar Par® + Dry Cajun

Hot Dill Pickle 🔥🔥🔥 | 210 Cals  
Dill + Hot

Red Hot + Blue 🔥🔥🔥 | 450 Cals  
Blue Cheese + Hot

Zesty Gar Par® | 590 Cals  
Gar Par® + Dry Lemon Pepper

## HOT 'N SPICY

Buckin' Bronco 🔥🔥 | 110 Cals  
Medium + Dry Lemon Pepper

Hometown Hottie 🔥🔥 | 150 Cals  
Medium + Thai

Thai Cajun 🔥🔥 | 200 Cals  
Thai + Dry Cajun

Mango Habanero 🔥🔥🔥 | 450 Cals  
Thai 🔥🔥 | 180 Cals

Calories shown for Wing flavours are for a single serving. Wing flavour calories are in addition to any Traditional, Classic, Boneless Chicken offerings and all other menu items.

100%  
CANADIAN  
CHICKEN  
WINGS

## THE TOP 10

BBQ | 140 Cals

Gar Par® | 580 Cals  
Caesar + Parmesan

Honey Garlic | 140 Cals

Sweet Escape | 360 Cals  
Honey Garlic + Gar Par®

Mild 🔥 | 140 Cals

Dry Cajun 🔥 | 0 Cals

Medium 🔥🔥 | 90 Cals  
Buffalo

Hot 🔥🔥🔥 | 25 Cals

Hot Honey 🔥🔥🔥 | 140 Cals  
Honey Garlic + Hot

Spicy Gar Par® 🔥🔥🔥 | 590 Cals  
Gar Par® + Hot



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## Side\*\* Substitutes

FRIES | 640 Cals

3 CARROTS &  
3 CELERY | 10 Cals

\*\* Add GRAVY  
FOR 35 Cals  
OR Upgrade  
TO A POUTINE  
FOR 190 Cals

## Salads

WILD SALAD 90 - 350 Cals

CAESAR SALAD 370 Cals

GREEK SALAD 210 Cals

Dressings 44 mL/89 mL

Blue Cheese 220/440 Cals

Ranch 160/330 Cals

Dill 200/400 Cals

Caesar 260/520 Cals

Greek 130/250 Cals

Balsamic 110/220 Cals

ONION RINGS 810 Cals

SWEET 1020 Cals

POTATO FRIES

CHIPPERS 1090 - 1120 Cals

Please refer to our Wing page  
for our seasoning options

# PIZZA

3 CHEESE PIZZA

16-inch | 2500 Cals

PEPPERONI 16" PIZZA

16-inch | 2950 Cals



# Wild SMASH BURGERS

Roadhouse Burger  
1610 Cals

All Burgers are served with our Seasoned Fries.

## ROADHOUSE BURGER

Two, 100% Canadian chuck patties, lettuce, tomato, caramelized onions, cheddar cheese, pickles, & Roadhouse sauce, stacked on a toasted garlic buttered bun. 1610 Cals

## BACON CHEESEBURGER

Two, 100% Canadian chuck patties, bacon, lettuce, tomato, caramelized onions, cheddar cheese, pickles, & Roadhouse sauce, stacked on a toasted garlic buttered bun. 1660 Cals

## BBQ BACON BURGER

Two, 100% Canadian chuck patties, bacon, onion rings, lettuce, tomato, & BBQ sauce, stacked on a toasted garlic buttered bun. 2080 Cals

## PICKLED WILLY BURGER

Two, 100% Canadian chuck patties, lettuce, tomato, caramelized onions, cheddar cheese, pickles, & Dill sauce, stacked on a toasted garlic buttered bun. Topped with a Pickled Willy. 1720 Cals

## SOUTHWEST BURGER

Two, 100% Canadian chuck patties, lettuce, tomato, roasted red peppers, cheddar cheese, guacamole & mayo. Stacked on a toasted garlic buttered bun. 2120 Cals

## SPICY BLACK BEAN BURGER

Spicy black bean patty, lettuce, roasted red peppers, guacamole on toasted garlic buttered bun. 1150 Cals



# HOT DOGS

All Hot Dogs are served with our seasoned fries.

**COME GET YOUR Hot Dogs**

**100% BEEF DOGS**

**HOT DIGGITY DOG** ★★

Classic, 100% beef hot dog.  
1060 Cals

**PICKLE Dog**

100% beef hot dog topped with our creamy dill sauce, pickles and one of our famous Pickled Willys.  
1270 Cals

**Side\*\*\* Substitutes** ★★

FRIES | 640 Cals  
3 CARROTS & 3 CELERY | 10 Cals

Add GRAVY FOR 35 Cals  
OR Upgrade TO A POUTINE FOR 190 Cals

**Salads**

WILD SALAD 90 - 350 Cals  
CAESAR SALAD 370 Cals  
GREEK SALAD 210 Cals

**ONION RINGS** 810 Cals  
**SWEET POTATO FRIES** 1020 Cals  
**CHIPPERS** 1090 - 1120 Cals

Please refer to our Wing page for seasoning options.

Dressings 44 mL/89 mL  
Blue Cheese 220/440 Cals  
Ranch 160/330 Cals  
Dill 200/400 Cals  
Caesar 260/520 Cals  
Greek 130/250 Cals  
Balsamic 110/220 Cals

# FOR THE 12 AND UNDER CROWD

The following meals include a choice of fountain pop 0-150 Cals, juice 130-230 Cals, milk 130-180 Cals or chocolate milk 170-230 Cals. Ask your server for details.

## WACKY WINGS OR BONELESS CHICKEN

Tossed in your choice of sauce. Served with our seasoned fries.

See our Wing page for sauce options.

Traditional | 1290-1880 Cals  
Classic | 960-1550 Cals  
Boneless Chicken | 1080-1670 Cals

## WILD TENDERS

Two chicken tenders served with plum sauce and our seasoned fries. 1170 Cals

## KIDS HOT DOG

100% beef hot dog served with our seasoned fries. 1080 Cals

## POGOS

3 kids pogos served with our seasoned fries. 640 Cals

## CHEESE PIZZA

Delicious cheese pizza. Served with our seasoned fries. 1130 Cals

### ADD PEPPERONI

70 Cals  
Note: Calories for add ons are additional.

## KIDS CHICKEN CAESAR SALAD

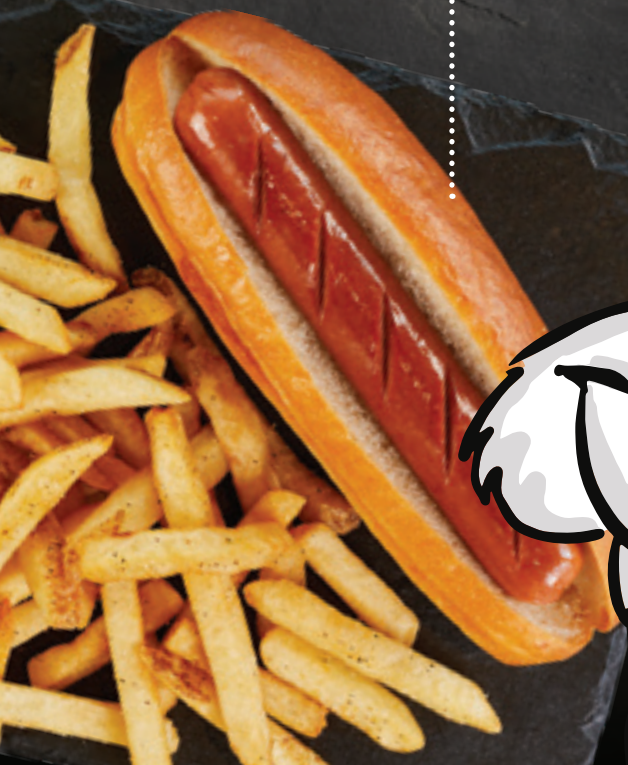
Crisp romaine lettuce tossed in our Gar Par® dressing, topped with bacon, croutons and grilled chicken. 500 Cals

## KIDS WILD SALAD WITH GRILLED CHICKEN

Juicy plum tomatoes, crisp romaine lettuce, cucumbers, croutons, shredded mozzarella and cheddar cheeses tossed in your choice of dressing. Topped with grilled chicken. 210-470 Cals

### DRESSINGS 44 ML

Blue Cheese 220 Cals  
Ranch 160 Cals  
Dill 200 Cals  
Caesar 260 Cals  
Greek 130 Cals  
Balsamic 110 Cals



# WRAPS and salads!

All Wraps are served with our seasoned fries.

## BUFFALO CHICKEN WRAP

Boneless chicken tossed in our Medium buffalo sauce with plum tomatoes, romaine lettuce, ranch dressing, mixed cheese. 1460 Cals

## CHICKEN BLT WRAP

Grilled chicken, juicy plum tomatoes, crisp romaine lettuce, bacon and mayo. 1650 Cals

## GREEK CHICKEN WRAP

Flour tortilla, grilled chicken, crisp romaine lettuce, plum tomatoes, cucumbers, black olives, red onions and feta cheese tossed with our Greek dressing. 1310 Cals

## CHICKEN CAESAR WRAP

Crispy bacon, grilled chicken, and romaine lettuce tossed in our Gar Par® dressing. 1490 Cals

## WILD CHICKEN WRAP

Grilled chicken, juicy plum tomatoes, cucumbers, crisp romaine lettuce, red onions, mixed cheese tossed in your choice of dressing. 1150-1410 Cals

## DRESSINGS

44 mL/89 mL

Blue Cheese 220 Cals

Ranch 160 Cals

Dill 200 Cals

Caesar 260 Cals

Greek 130 Cals

Balsamic 110 Cals

## CHICKEN CAESAR SALAD

Crisp romaine lettuce tossed in our Gar Par® dressing, topped with bacon, croutons and grilled chicken. 930 Cals

## WILD CHICKEN SALAD

Juicy plum tomatoes, crisp romaine lettuce, cucumbers, red onions, mixed cheese and croutons tossed with your choice of dressing, topped with grilled chicken. 300-820 Cals

## GREEK CHICKEN SALAD

A refreshing blend of plum tomatoes, cucumber, black olives, feta cheese, red onions on a bed of romaine lettuce tossed in Greek dressing, topped with grilled chicken. 550 Cals



5 TRADITIONAL WINGS 650 Cals | 5 CLASSIC WINGS 320 Cals | 5 BONELESS CHICKEN 440 Cals

Add Five  
**WINGS**  
TO ANY ORDER

# SANDWICHES & Flatbreads

All Sandwiches are served with our seasoned fries.

## FIERY BUFFALO WILD CHICKEN CRUNCH SANDWICH

A breaded all-white seasoned chicken breast fillet fried to a golden brown, tossed in our seasoned medium buffalo sauce and topped with cheddar cheese, romaine lettuce, plum tomatoes, pickles and ranch dressing on a garlic buttered ACE Bakery® burger bun. 1500 Cals

## CHICKEN CLUB SANDWICH

Grilled chicken breast, crispy bacon, plum tomatoes, romaine lettuce, cheddar cheese and our Seasoned Gar Par® sauce on a garlic buttered ACE Bakery® burger bun. 1400 Cals  
**MAKE IT CRISPY!** | +310 Cals

## TEXAS CAJUN CHICKEN SANDWICH

Grilled Cajun chicken breast, crispy bacon, plum tomatoes, romaine lettuce, cheddar cheese, mayo and guacamole on a garlic buttered ACE Bakery® burger bun. 1440 Cals

## DILL-ICIOUS HONEY WILD CHICKEN CRUNCH SANDWICH

A breaded all-white seasoned chicken breast fillet fried to a crispy golden brown, tossed in our Honey Garlic sauce topped with romaine lettuce, plum tomatoes and dill dressing on a garlic buttered ACE Bakery® burger bun. 1480 Cals

## PHILLY CHEESESTEAK

Philly steak, caramelized onions topped with cheese piled high on a toasted garlic buttered hoagie bun. Served with a side of our Gar Par® dip. 1590 Cals

## CLASSIC WILD CHICKEN CRUNCH SANDWICH

A breaded all-white seasoned chicken breast fillet fried to a crispy golden brown, topped with our BBQ sauce, romaine lettuce, plum tomatoes and ranch dressing on a garlic buttered ACE Bakery® burger bun. 1420 Cals

## MANGO HABANERO CHICKEN

Grilled chicken breast, romaine lettuce, roasted red peppers topped with a Mango Habanero sauce. Served with seasoned fries. 1230 Cals

## PEPPERONI & BACON FLATBREAD

Baked flatbread smothered in marinara topped with mixed cheese, sliced pepperoni and bacon. 640 Cals

## SOUTHWEST CHICKEN FLATBREAD

Grilled chicken, mixed cheese, red onions, roasted red peppers and marinara sauce on a baked flatbread drizzled with Sriracha mayo. 620 Cals

## BRUSCHETTA FLATBREAD

Baked flatbread covered in garlic, olive oil and mixed cheese, then topped with marinated plum tomatoes, cucumber, basil, feta cheese and drizzled with balsamic glaze. 680 Cals

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